

As an international educational support agency we know that while global education offers incredible opportunities for learning, it also carries unique stressors and challenges. We are here to help.



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MENTAL HEALTH & COUNSELING SERVICES FOR UNIVERSITIES IN BERLIN

Educators know that mental illnesses such as depression and anxiety disorders are on the rise particularly among young adults. International students separated from home cultures and family support systems are particularly vulnerable. Our highly qualified international team of counselors, psychologists and coaches are here to help student make the most of their university experience.

WHAT ARE THE BENEFITS FOR A UNIVERSITY?

- Improved retention rates.
- Boosted enrollment through unique support offerings
- Increased student resilience.
- Better academic performance improved planning skills and lower stress.
- Reduced pressure on staff to counsel students in need
- Bolstered campus safety.

SUPPORT FOR STUDENTS:

- Services offered online, on campus or at Linden offices in Berlin Mitte.
- Culturally diverse male & female mental health specialists.
- Individual counseling for all mental health issues, including emotional disorders, relationship guidance, transitioning support, LGBTQ support.
- Counseling services in English, Chinese and Hebrew.
- Tailored group sessions and workshops related to international living and learning.
- Specialized support for students with learning difficulties.

SUPPORT FOR STAFF:

- Professional development workshops
- 1:1 solutions-focused coaching and guidance with experienced leadership coaches and consultants.